

FREQUENTLY ASKED QUESTIONS



SAUSAGE NUTRITION FACTS

ANDOUILLE

Nutrition Facts

4 servings per container

Serving size 1 link (3 oz./ 85g)

Amount per serving

Calories 260

% Daily Value*

Total Fat 22g 28%

Saturated Fat 8g 40%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 830mg 36%

Total Carbohydrate 2g 1%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 1g Added Sugars 2%

Protein 14g

Vitamin D 1mcg 6%

Calcium 10mg 0%

Iron 1mg 6%

Potassium 271mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

BRATWURST

Nutrition Facts

4 servings per container

Serving size 1 link (4 oz./ 113g)

Amount per serving

Calories 340

% Daily Value*

Total Fat 29g 37%

Saturated Fat 10g 50%

Trans Fat 0g

Cholesterol 75mg 25%

Sodium 930mg 40%

Total Carbohydrate 1g 0%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 1g Added Sugars 2%

Protein 18g

Vitamin D 1mcg 6%

Calcium 11mg 0%

Iron 1mg 6%

Potassium 358mg 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CHORIZO

Nutrition Facts	
4 servings per container	
Serving size	4 oz. (113g)
Amount per serving	
Calories	350
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 730mg	32%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	
Vitamin D 1mcg	6%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 351mg	8%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

COUNTRY BREAKFAST LINKS

Nutrition Facts	
6 servings per container	
Serving size	2 links (2.6 oz./ 74g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 470mg	20%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 12g	
Vitamin D 1mcg	6%
Calcium 14mg	2%
Iron 1mg	6%
Potassium 241mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

COUNTRY BREAKFAST SAUSAGE

Nutrition Facts	
4 servings per container	
Serving size	4 oz. (113g)
Amount per serving	
Calories	350
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 710mg	31%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 18g	
Vitamin D 1mcg	6%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 368mg	8%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

COUNTRY BREAKFAST PATTIES

Nutrition Facts	
4 servings per container	
Serving size	2 Patties (4 oz./ 113g)
Amount per serving	
Calories	350
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 710mg	31%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 18g	
Vitamin D 1mcg	6%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 368mg	8%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

KIELBASA

Nutrition Facts

4 servings per container
Serving size 1 link (3 oz./ 85g)

Amount per serving
Calories 260

	% Daily Value*
Total Fat 22g	28%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 520mg	23%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 14g	
Vitamin D 1mcg	6%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 292mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

MERGUEZ

Nutrition Facts

5 servings per container
Serving size 1 link (2.4 oz./ 68g)

Amount per serving
Calories 210

	% Daily Value*
Total Fat 18g	23%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 450mg	20%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 1mcg	6%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 225mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SPICY ITALIAN

Nutrition Facts

4 servings per container
Serving size 1 link (4 oz./ 113g)

Amount per serving
Calories 340

	% Daily Value*
Total Fat 28g	36%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 1060mg	46%
Total Carbohydrate 4g	1%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 2g Added Sugars	4%
Protein 18g	
Vitamin D 1mcg	6%
Calcium 28mg	2%
Iron 2mg	10%
Potassium 398mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SWEET ITALIAN

Nutrition Facts

4 servings per container
Serving size 1 link (4 oz./ 113g)

Amount per serving
Calories 340

	% Daily Value*
Total Fat 29g	37%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 710mg	31%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 18g	
Vitamin D 1mcg	6%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 352mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.