

FREQUENTLY ASKED QUESTIONS



SAUSAGE NUTRITION FACTS

ANDOUILLE

Nutrition Facts	
4 servings per container	
Serving size 1 link (3 oz./ 85g)	
Amount per serving	
Calories	260
% Daily Value*	
Total Fat 22g	28%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 830mg	36%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 14g	
Vitamin D 1mcg	6%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 271mg	6%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

BRATWURST

Nutrition Facts	
4 servings per container	
Serving size 1 link (4 oz./ 113g)	
Amount per serving	
Calories	340
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 930mg	40%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 18g	
Vitamin D 1mcg	6%
Calcium 11mg	0%
Iron 1mg	6%
Potassium 358mg	8%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

CHORIZO

Nutrition Facts	
4 servings per container	
Serving size	4 oz. (113g)
Amount per serving	
Calories	350
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 730mg	32%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 20g	
Vitamin D 1mcg	6%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 351mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

COUNTRY BREAKFAST LINKS

Nutrition Facts	
6 servings per container	
Serving size	2 links (2.6 oz./ 74g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 470mg	20%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 12g	
Vitamin D 1mcg	6%
Calcium 14mg	2%
Iron 1mg	6%
Potassium 241mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

COUNTRY BREAKFAST SAUSAGE

Nutrition Facts	
4 servings per container	
Serving size	4 oz. (113g)
Amount per serving	
Calories	350
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 710mg	31%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 18g	
Vitamin D 1mcg	6%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 368mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

COUNTRY BREAKFAST PATTIES

Nutrition Facts	
4 servings per container	
Serving size	2 Patties (4 oz./ 113g)
Amount per serving	
Calories	350
% Daily Value*	
Total Fat 29g	37%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 75mg	25%
Sodium 710mg	31%
Total Carbohydrate 2g	1%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 18g	
Vitamin D 1mcg	6%
Calcium 22mg	2%
Iron 1mg	6%
Potassium 368mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

